

Fit for Life

Event Date

Mon, May 20 2024, 8:30 - 9:30am

Weekly on Monday, Wednesday, Thursday, and Friday at 8:30am

Recent

- Fri, May 17 2024, 8:30 - 9:30am

Upcoming

- Wed, May 22 2024, 8:30 - 9:30am
- Thu, May 23 2024, 8:30 - 9:30am
- Fri, May 24 2024, 8:30 - 9:30am
- Mon, May 27 2024, 8:30 - 9:30am
- Wed, May 29 2024, 8:30 - 9:30am
- Thu, May 30 2024, 8:30 - 9:30am
- Fri, May 31 2024, 8:30 - 9:30am



FIT FOR LIFE

DAYS & TIMES:
General fitness:
Mon, Wed, Fri 8:30-9:30
Roller/stretch: Thurs 8:30-9:30
all classes suitable for all fitness levels

FEE STRUCTURE
MP residents: \$10 drop in
Non-residents: \$20 drop in
or \$159 unlimited monthly
Zoom only: \$79

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404-376-8299

Directions

Address

100 Lakeshore Drive
Mountain Park , GA 30075
United States

[View in Google Maps](#)

**34.082814739366, -
84.415876865387**